



## Our News. Our Community. Our CNI College.

### AMBASSADOR OF THE MONTH RECOGNITION AWARD

The New Year begins with our recognition of **Isabel Valencia** as CNI's Ambassador of the month for the month of January. She is one of the college's esteemed Registrars for the Nursing Program who takes care of all of the Vocational Nurse's attendance and grades and handles the exit interviews for the VN graduates.

She started at CNI College in 2008 as a front desk receptionist. She also worked in Financial Aid and later became the Vocational Nursing Registrar.

Isabel is married and has three beautiful daughters who are her pride and joy. In her spare time, she loves to travel having recently visited the country of Italy with her family.

We are grateful for all you do Isabel, for your dedication and the amazing commitment you have to CNI College and its Vocational Nursing Program. Congratulations!



### CNI WELLNESS CHALLENGE WINNERS ANNOUNCED

As you all know, we had a number of enthusiastic and committed participants in our first ever Wellness Challenge that began in early November. And despite the temptations of the holidays - Thanksgiving and early December celebrations among them, everyone remained quite committed to the challenge. We are now excited to announce the Challenge winners who finished with results that should make them extremely proud:



Our Staff Winner was **Katie Martinez**, whose start weight was 150 lbs. and end weight was 134 lbs. Katie lost 16 pounds for a 10.6 % overall weight loss.



Our Student Winner was **Ron Rarvin** (MT) whose start weight was 162 lbs. and end weight was 152 pounds for a 6.2% overall weight loss.

Congratulations to our winners! Look for details about our 2012 NEW YEAR CHALLENGE which will launch over the next few weeks!

### IN THE SPOTLIGHT: KATHY LEE



Ms. **Kathy Lee**, RN, BSN, PHN, joined CNI College in May, 2011 as Assistant Director of the Vocational Nursing Program. Kathy revealed her natural ability to teach when she jumped right into the classroom with the full time Term 2 students. Her leadership stems from her kind and caring way of relating to people, her energy, enthusiasm, and resourcefulness. She is

a quick study, creative and innovative, warm and welcoming. Given her character, her personality and her natural leadership skills, Kathy was the perfect candidate to assume the role of our new Director for the Vocational Nursing Program in December, 2011.

Her nursing career has been a remarkable journey culminating with 13 years experience in health care that includes her being a Certified Nursing Assistant, a Licensed Vocational Nurse and a Registered Nurse. With that wonderful smile of hers, Kathy is the first to admit that she is older than she looks.

She completed her vocational nursing training at Long Beach City College in 2000, obtained her Associate Degree in Nursing at Cerritos College in 2007, and her Bachelor of Science in Nursing at California State University, Fullerton in 2010. Her clinical experience is diverse and includes quality management, medical-surgical, pediatrics and critical care/acute care nursing and vocational nursing education.

Kathy is also an energetic, hard-working young woman dedicated to creating balance in her life with an emphasis on refreshing and renewing herself always. She is described by her team as a true "human being and godsend to CNI." The College, VN Program staff and students, family and friends are blessed by Kathy's presence in their lives and look forward to the continued success of the Vocational Nursing Program under her direction and leadership.



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### 2011 AT A GLANCE AT CNI COLLEGE

So much has transpired over this past year at CNI College and for all of you who had a hand in making every event special and rewarding, we are grateful and excited for and proud of your contributions.

Among the milestones and celebrations, there were numerous new additions to the CNI Family with the birth of many new babies; we honored countless graduates from our various vocational programs; we said GOODBYE to our beloved Kitty Fritsche, who retired earlier this year; we honored our students with a wonderful Appreciation Day in the fall; we had a New Ideas Seminar, which generated some great ideas that we hope to see implemented in the New Year; we had a CNI Open House that was well-received and highly successful; we launched our first ever Fitness and Well-Being Challenge that received favorable reviews and participation, and then of course, continued with our ever-popular Blood Drives and Massage Programs that we do in conjunction with St. Joseph's Hospital in support of the medical professionals who do so much for our community.

In 2012, look for a refreshed and more innovative CNI COLLEGE web site, the many ways in which we hope to impact the communities we support and of course, improvements to our exceptional educational programs.

Here's to your success and a bright future at CNI College!



### A TESTIMONY FROM ONE OF OUR RECENT GRADS...

*"Hi everybody! So you're probably at a point in your life where you think it's time to settle down and get a good career going FAST! Well, let me personally tell you that you've been blessed to be referred to CNI.*

*I was fortunate enough to enroll in the pharmacy department of this school and Linda Goetz, as far as directors go, is second to none. She wants nothing more than for you to get a job, and it literally makes her day when her students graduate and go on to find wonderful careers. Believe me when I say I've witnessed it MANY TIMES. The smaller classroom environment was a perfect fit for me because there was so much attention paid to us, the students who desperately needed it because we only spend six months in school! Everyone at CNI (not just the pharmacy staff, but everyone in general) is as professional and friendly as it gets and I have ABSOLUTELY no regrets going to this school.*

*Special thanks to a few people in particular including Fatiha Shannon, and Linda Goetz. I've pursued my first baby steps into the pharmacy profession and have become a pharmacy technician at Senior Care Pharmacy in Garden Grove. Eventually I will become a pharmacist, which I can guarantee because I now know I have the ability to because I was properly prepared by CNI and my work environment. THANK YOU CNI, MRS. SHANNON, and MRS. GOETZ!"*

-Andy S. Chang



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CNI College is connected to keep you connected on various social media platforms including **Facebook**, **Twitter**, **Yelp**, **Youtube**, and **LinkedIn**. If you have not joined already, we encourage you to join and share on some of the conversations on either [www.facebook.com/cnicollege](http://www.facebook.com/cnicollege) or [www.linkedin.com/company/cni-college](http://www.linkedin.com/company/cni-college).



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